

A BRIEF HISTORY OF BUDDHISM

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Ernest Bendriss

The great chronicle of the life and teachings of the historical Buddha, Siddhartha Gautama, from his beginnings in India 2500 years ago. A close examination of the Four Noble Truths: from the monastic rules and doctrinal treatises to meditation, Tibetan Tantric Buddhism, the different Zen schools, and their masters or the New Age Buddhism

Synopsis

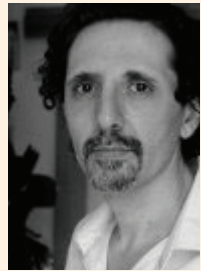
Discover the fascinating origins and evolution of Buddhism, through the life of Siddhartha Gautama, the historical Buddha, the Awakened One, whose teachings gave birth to the Indian, Chinese, Tibetan and Japanese Buddhism.

Learn the origins of the three major schools of Buddhism: the Hinayana, Mahayana and Vajrayana through the great schisms that rocked the Sangha, the monastic community, at the beginning of the Christian era.

Learn the essential teachings, doctrines, conceptions of life and afterlife, philosophies, and meditation techniques of Buddhism, its relationship to Hinduism, its magic and esoteric peculiarities, its political trials and its considerable religious and spiritual influence in the world.

Biography

Ernest Yassine Bendriss is a French historian, philosopher and novelist. He studied History and Philosophy at the University of Toulouse-le-Mirail. As a medievalist, he has published several books in Spain on Medieval French History and has collaborated with popular history magazines as *Historia National Geographic*, *Historia y Vida* and *El Mundo Medieval*.



In the field of philosophy, he is the author of several books on Eastern philosophy and Indian spirituality. He published an essay on Taoism in 2014: *The Heavenly Gate: Wisdom, Philosophy and Alchemy in Taoism* (Ed. Mandala, 2014).

He published *A Brief History of Islam* in Ediciones Nowtilus and he is in charge of the A Brief History series since the end of 2013.

Sales pitch

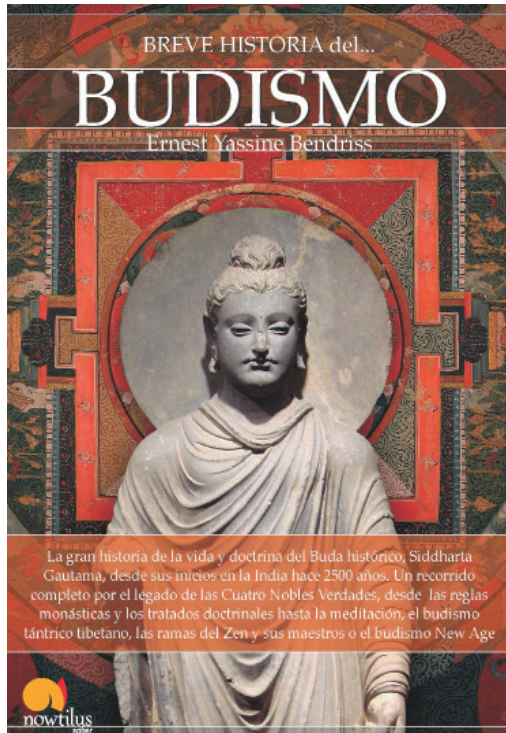
-This book not only explains the history of this religion but also reveals the political and religious context of India. The author explains the emergence of Buddha in a historical context, and analyzes the religious, political and social conditions that facilitated the emergence and development of Buddhism.

-*A Brief history of Buddhism* demystifies some aspects of the historical Buddha's biography (for instance, he was not the son of a king) and examines the traditional texts in the light of the latest historical researches (researches done by experts such as Fernando Tola, Carmen Dragonetti, and Philippe Cornu).

-The book explains Buddhism from a multidisciplinary perspective: from the point of view of philosophy, history, anthropology and politics. The author manages to give a comprehensive overview of this religion.

-Unlike other similar works, the author emphasizes the idea that Buddhism comprises different schools of doctrine, and claims that there is not a single interpretation of Buddhism.

-The author is a renowned and prestigious historian specialized in the History of Religions.



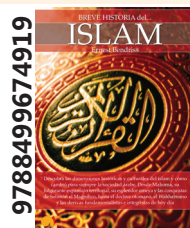
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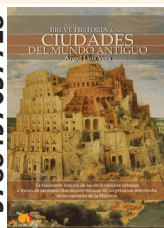
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