

BRIEF HISTORY OF DAILY LIFE IN THE WESTERN MEDIEVAL TIMES

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Historical essay



Collection.....Breve Historia
Author.....José Ignacio Ortega Cervigón
Size.....13 x 19 cm
Pages.....320
Format.....Paperback with flaps
Edition1st edition
Release date.....April 2020
Standard ISBN.....9788413051048
ISBN POD.....9788413051055
ISBN ebook.....9788413051062



José Ignacio Ortega Cervigón

Discover the daily adventure of the people in the European territory during the Middle Ages. Feeding habits and sexual lawfulness. The role of knights, and wars. The courtier life, and the tournaments. Witchcraft, and the Holy Inquisition. Farmers, ranchers, and their pagan parties. The frantic life of cities: beggars, merchants, and bartenders. Universities, culture, and means of transport.

Synopsis

The knowledge of daily life of thousands of people from a distant age, and a random spatial geographical point, brings us closer to the historical knowledge of how they thought, what activities were they engaged in, or how they differentiated the important or necessary, from the banal or accessory every different social group.

The reading of this work involves approaching the *modus vivendi* which is closer to the historical reality, people with irrelevant surnames; thus not included in the great compilations of political, and military history.

Brief History of Daily Life in the western Medieval Times immerses the reader, through a multidisciplinary prism of historical sources, to the swings of the adventures of the merchants, the harsh conditions that the plowmen, and ranchers, suffered during the different seasons, the daily routine of the Christian clerics, the Jewish doctor, the Muslim almotacen. This work by José Ignacio Ortega Cervigón also addresses sexual lawfulness, and condemned practices, also food ordinary food diets.

Biography

José Ignacio Ortega Cervigón holds a PhD in Medieval History and is a Professor of Didactics of Social Sciences at the Faculty of Education of the Complutense University. He has published more than 30 articles in specialised journals, as well as chapters in reference works, all of them on the period of which he is an expert, the Middle Ages, to which he dedicated his doctoral thesis. He is the author of *Brief History of Charles V* and *Brief History of the Crown of Castille*.



Sales pitch

- *Brief History of Daily Life in the western Medieval Times* presents a novel approach to everyday life in one of history's most little-known periods, with the common thread of canonical hours (division of time they used, and that followed the rhythm of the religious prayers in monasteries).

- The title allows the reader to be immersed in a very different society than the one we know: medieval Europe lived a throbbing era, full of progress in the commercial, and intellectual fields. In addition to the everyday aspects (hygiene, religion, and forms of worship, food, the life of the nobility, life in the countryside,...) the reader will deepen in the advances in trade (the creation of commercial leagues, and the economic momentum that entailed the appearance of fairs), and education (with the appearance of universities).

- Contains numerous material that facilitates the understanding of the text: chronological axes, historical cartography, unpublished images, as well as texts of the primary documentary sources used in the documentation of the work.

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