BRIEF HISTORY OF THE DAILY LIFE IN THE PRE-ROMAN IBERIAN PENINSULA

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Historical essay



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Carlos Díaz Sánchez

Discover the advanced cultures of the pre-roman peoples of the Iberian Peninsula: Tartessos, Iberians, Arevaci, Pellendones, Vettones, Vaccaei, Lusitanians, Cantabrians, and Astures. Their agriculture, and livestock, their warriors, and mercenaries, their metallurgy, and handicrafts, their temples, and rituals. A pleasant, and rigorous historical journey based on the most recent archaeological research.

Synopsis

Iberians, Lusitanians, Vettones, Arevaci, Vaccaei, Cantabrians or Astures are just a sample of the rich pre-roman culture that inhabited the Iberian Peninsula before the Roman conquest. Brief History of daily life in the pre-Roman Iberian Peninsula invites the reader to enter the knowledge of the cultures that existed in the old Iberia Peninsula, to learns how their ways of life were, what they ate, with whom they traded, how were their more significant traditions, and rituals, or what their society was like. This journey is done thorugh the different years of age of a person.

The pre-roman civilizations of the Iberian Peninsula have had a prominence eclipsed by the incessant Roman world, but they are not less rich than the empire. In the following book the reader may find surprising topics such as the varied diet, the importance of hygiene for some of these peoples, the family, and social structuring of each one of these cultures, the goldsmithing, and jewellery they manufactured, or the transcendence of these cultures for the comprehension of history.

With all this content, Brief History of daily life in the pre-Roman Iberian Peninsula aims to vanish the idea that these cultures lived as if they were savages, understanding thanks to this essay that these civilizations were much more advanced than most of us think.

Biography

Carlos Díaz Sánchez is a historian, professor and promoter. He specialises in the topics regarding antiquity, and the acculturation processes of ancient cultures in the Mediterranean area. He is the author of a *Brief History of the Battles of Antiquity, a Brief history of Norse Mythology* and *Distinguished Personalities who Changed Ancient Rome.*



Sales pitch

- Brief History of daily life in the pre-Roman Iberian Peninsula presents an innovative approach to everyday life in the pre-roman villages of Hispania, which describes life, customs, and culture in the area, following the chronology of the years of age of a man (Birth, youth, teenagehood, adulthood, senescence)
- -This work treats all the daily aspects of the peoples who inhabited Hispania: food, architecture. Religion, and funeral cults, rites, games, leisure, urbanism, warfare, and archaeology.
- -This work explains how this melting pot of civilizations was formed in Hispania, since in those years they different cultures like the Lusitanaian, the Iberian, the Vettona, the Vaccaei, the Arevaci, and the peoples of the northwest coexisted. There are none historical essays in Spanish based on the daily life of these civilizations in the Iberia pre-roman peninsula.
- The author introduces in this monograph the most recent, and updated studies on each one of the pre-roman civilizations that appear in the book. He also impartially exhibits all the theories about the coexistence of these different cultures.
- -It includes numerous quality graphical material that facilitates the comprehension of the text. It is also accompanied by a rigorous, and scientific basis supported by archaeological, and historical sources.
- -Carlos Díaz Sánchez is a historian, professor and promoter. He specialises in the topics regarding antiquity, and the acculturation processes of ancient cultures in the Mediterranean area. He is the author of a Brief History of the Battles of Antiquity, a Brief history of Norse Mythology and Distinguished Personalities who Changed Ancient Rome.



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